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## Tolerance

Tolerance is the ability or willingness to tolerate something, in particular, the existence of opinions or behavior that one does not necessarily agree with. I personally believe that by seeing the web that is tying us all together one can't be truly tolerant. The world needs tolerance. Look at the state of the world today. Many countries want to go back to being nationalist. We have done that in the past. Look at WW1 and WW2. They were fought with nations being nationalistic. We are on the same boat together. We either sink or swim. Lack of tolerance is how we create so much chaos in the world today. Need I say more?

## Pay Attention To Your Dreams

Did you know the quantum field is like a vast soup? Everything is in it. It is not linear. Time does not exist in it. When you dream at night you return to this soup. When you have a dream that doesn't make sense and out of the ordinary you have touched the quantum field. Many times your ancestors are there. They communicate beyond words. They can send images to you. These images to the conscious mind don't make sense. Yet to your soul it makes total sense. You see in the material world everything is linear. We go from point a to point b. Yet in the quantum field, all is one. There is no time and space. The more you pay attention to your dreams the more you will understand them. Dreams are a way to help us on the road in life. Dreams help us to be in contact with our loved ones who have passed over. They have just moved into another room in the mansion of life. We spend so much time dreaming at night. A wise man will pay attention to his dreams. Every night we return home yet we aren't aware. Ponder this over.

#### Occam's razor

Occam's razor is a principle from philosophy. Suppose there exist two explanations for an occurrence. The more assumptions you have to make, the more unlikely an explanation. We all live in a cosmic soup. Every quantum scientists knows that. Yet why don't we perceive that? Wise men have been talking about that for thousands of years. They didn't use the word quantum. Behind your breath lies the answer. It's as simple as that. We make it so complicated. In the silence, one can perceive the ocean of life. Daily close your eyes. You will solve this riddle of life.

## Maternity leave

Parental leave, or family leave, is an employee benefit available in almost all countries. The term "parental leave" may include maternity, paternity, and adoption leave; or may be used distinctively I find it quite ironic and sad that the United States does not have an official policy. We are the only country in the western world that does not have one. Some European countries have for both parents a year and a half of paid absence. The cornerstone of a society is based upon raising your children in a conducive environment. In the US to be quite frank this does not happen too much. Most Mothers are back to work after two weeks. The Fathers may go back within a few days after the birth of their precious child. I believe common sense is uncommon. Many Fortune 500 companies are slowly implemented polices. Yet this should have taken place in the sixties when Mother's started to enter the workplace full time. At times I think in the US we get our priorities wrong. It seems like big business is running the show. Basic human rights have been lost. Many nations are superior when it comes to the government truly caring for its people. I would give our government an F in this manner. Presently both sides are bickering and fighting. Nothing productive is going on. We can't seem to tackle any problem and fix it. We are talking about issues for the last fifty years with no end in sight.

## Inspiration

Definition of inspiration A divine influence or action on a person believed to qualify him or her to receive and communicate sacred revelation The action or power of moving the intellect or emotions. The act of influencing or suggesting opinions. The act of drawing in. Specifically: the drawing of air into the lungs. The quality or state of being inspired. Something that is inspired A scheme that was pure inspiration. An inspiring agent or influence. Did you know that by being conscious of your inhale and exhale one gathers inspiration in one's life? There is a direct coloration between breathing and inspiration. One who tries to consciously be aware of the breath moment by moment is truly inspired. Each and every breath we take is a miracle. Yet we are too busy texting on the freeway of life. Slow down on the freeway. Stop your car. Take a few moments to feel your divine breath inside of you. You are never alone.

#### Desire

Desire is the conscious impulse toward something that promises enjoyment or satisfaction in its attainment. Unfortunately, desire has been used for the erosion of man. So many unfortunate problems occur in man with harmful desire. Look at the opioid epidemic today. Millions of people have died. The drug makers have made billions. Sometimes our desires have lead us to death. How do we as humanity weed out harmful desires? It's very difficult. How do you slow down a car when you have the pedal to the metal in life? At times the only way we get help is by grace alone. We are always looking for the ultimate desire. Our mind, body, and soul want freedom. Our mind tricks us to think that the external world can give it to us. A bigger house. A better car. A new wife. A new job. A vacation. We can go on and on. The problem is all external desire is temporary. You get what you want. You fulfill your desire and you are happy for a few moments in time. Then you get a mosquito itch. You are no longer satisfied. Your external desires go on and on. The jewel lies within you. Only you can solve this puzzle.

## Responsibility

Responsibility is the quality or state of being responsible: such as moral, legal, or mental accountability. We are all accountable for our actions. Just think the human body performs billions of operations daily. It is in sync with the universe. With our actions, we may put it out of sync. The wise man is responsible for his life. He will not blame others for his state of mind. If someone makes him angry he is drinking his own poison. Even modern-day scientist knows this. The wise man will simply smile in the face of adversity. He has nothing to prove. His goal is to be accountable for all his actions. Granted this takes time and effort. Yet the world will be different. He is mastering himself. Not like those who twitter what comes to their minds.

## Liberation

Liberation is the act of liberating someone or something. What is true liberation? Is there a way to attain it? Is it just a figure of speech? What is the power of the word behind it? Are we missing some hidden meaning? Liberation lies in the present moment. Yet we are texting on the freeway of life. In each and every moment lies the possibility of liberation. It's a jewel that lies in pure sight. Yet our eyes are closed. The wise men from the past knew how to connect to this. This is how they became wise. You are the universe. You just don't know it.

## Freedom

Freedom is the power to do what you want to do: the ability to move or act freely Freedom is the state of not having or being affected by something unpleasant, painful, or unwanted Our ultimate state is freedom. Yet we continue to hold on to weeds, rocks, and boulders. We don't even know we are doing this. I often ponder why humanity does this. The wise man in the past said to let go of all your troubles. Be kind. Be free. Yet we continue to hold on to them for dear life. I can't conceive of not being angry with John. He deceived me. Mind you John doesn't even remember the event. It was fifty years ago. But we are still drinking the same poison. No wonder we have such disease on the land. We are not free. The disease is when the mind and body are not at ease. Freedom lies within. It must be captured moment by moment. It exists in the now. We live in the past and the future. We have totally forgotten our true state of being. Only you can capture freedom. Nobody can do it for you. That includes God himself.

## Being Perfect versus Being real

So many people strive for perfection. The wise man strives for being real. The Japanese have a great custom. When a precious teacup breaks they put it together with real gold. The broken teacup has a blemish yet what an incredible blemish it is. It is filled with gold. In the same way our mistakes and blemishes can be so incredible for learning how to be real. We don't need to hide anything. Nature is real, not perfect. The universe is real, not perfect. A baseball player who hits the ball one out of three times is incredible. That means two out of three times they don't get on base. We take two steps forward one step backward. This is how we grow on the journey in life. We must accept everything in our life. When we do we are real. We are proud to have that precious scar. We don't have to put the dust under the carpet. Personally, I think our society would change for the better. We learn at such as young age that we are competitors with each other. Survival of the fittest. Yet being real stops that nonsense. We learn we are all on the same boat sailing home together.